



Sign up for the Tour de Foyle Charity Challenge

The final countdown is on as leaders of the main churches in the North West invite people to get on their bikes or put on their running shoes and take part in this year's 'Tour de Foyle' Charity Challenge, which will set off from the new Foyle Arena on Saturday 29th August.

The event is being planned by the North West Methodist Mission and the Churches Trust, and is supported by the four church leaders in Derry–Londonderry. It will build on last year's inaugural 'Tour de Foyle' which attracted 140 cyclists. Through their participation and donations from the wider community the event raised £4,000 for the churches' homeless and food bank projects. This year participants will have a choice between a 50 mile cycle and a 10k fun run.

50 mile Charity Cycle

Cyclists will undertake a scenic lap of Lough Foyle. Leaving from the Foyle Arena, they will cycle to Magilligan where, after a brief 'pit stop', they will board the ferry across to Greencastle. The route will then proceed back to the city, crossing the Peace Bridge into St Columb's Park before finishing back at the Foyle Arena. Building on the growing trend towards getting fit and healthy living, the idea is simply to bring people together from all the communities across our city and beyond, to raise badly-needed funds for two very worthy, local causes. It is a fun event and open to everyone, from beginners to more experienced cyclists. The main emphasis is on taking part.

10K Charity Run

Given the surge in running in the North West, organisers have decided to incorporate a 10k run into this year's event. Like the cycle, it's all about participation and, again, open to everyone from the novice to the seasoned athlete. It, too, will set off from the Foyle Arena, following a scenic route incorporating the Peace Bridge and the Foyle Bridge before finishing back at the Foyle Arena.

By taking part in either of the Tour De Foyle Charity Challenge events, you will be helping people in your own community who are experiencing difficult times in their lives and working with the help of our charities to get things back on track. So please help us to continue to help them by getting on your bike or putting on your running shoes on Saturday 29th August 2015.

Registration is now open and will close on Wednesday 26th August, so book early to avoid disappointment. Visit www.tourdefoyle.co.uk for further details. We also encourage people to engage with our facebook site www.facebook.com/tourdefoyle

The wider community can also get behind the fundraiser and make a donation by visiting mydonate.bt.com/events/tourdefoylecycle

North West Methodist Mission (NWMM)

NWMM has been providing services to homeless men in the city for 80 years and prides itself on helping service-users to help themselves. We provide temporary accommodation, training and re-skilling, advocacy, resettlement and tenancy support. We also provide outreach work and a drop-in facility for clients who have found a roof over their heads that they can once again call home.

The Churches Trust – Pantry Project

The Churches' Trust is an interdenominational organisation established by the leaders of Christian churches to respond to deprivation in the area. Among the many projects of the Churches' Trust is the Pantry Project, a foodbank established to provide an emergency response to feed families and individuals who have reached a temporary crisis situation.

Galway Cathedral celebrates 50th Anniversary

Over 1, 500 gathered to commemorate the 50th anniversary of The Cathedral of Our Lady

Assumed into Heaven and St. Nicholas on Friday evening last. The chief celebrant of the Jubilee Mass was Cardinal Seán O'Malley, who had travelled especially from Boston to participate. He followed in the footsteps of his Boston predecessor, Cardinal Richard Cushing, who represented Pope Paul VI at the dedication of the Cathedral in 1965. The Cardinal was joined by Bishop Martin Drennan, by the Papal Nuncio Archbishop Charles Brown, by Bishop Brendan Kelly of Achonry who is a native of this diocese and by a very large number of active and retired clergy.

The leaders of the main Christian Churches in the city were present as were the leaders of Galway's Muslim communities. Cllr Niall Nelis, the Deputy Mayor, officially represented the civic authorities, accompanied by members of Galway City Council.

In his homily Cardinal O'Malley spoke of the deep historic links between the United States of America and Ireland and particularly between his city of Boston and Galway.

Referring to the Cathedral he spoke of the 'glorious temple' on the banks of the Corrib which is a testament to the enduring faith of the Irish. The Cardinal drew attention to the fact that



Rev. John O'Halloran (Deacon), Rev. Daniel Gallagher (Deacon), Canon Peter Rabbitte (Galway Cathedral), Bishop Martin Drennan, Cardinal Seán O'Malley, Fr. Martin Whelan (Galway Cathedral), Fr. Diarmuid Hogan (DCO Galway), Rev. Michael King (Deacon).

this great church rose from dust of the old Galway Jail and, in dedicating it to Our Lady, assumed into heaven, the people of the city and the diocese again put their faith and their hope in the Mother of God who has never left unaided anyone who seeks her intercession.

The occasion was unique in many ways and many of those who worked on the building, and who were altar servers, choir members, ushers and volunteers on the opening day were present.

A large-scale model of the Cathedral was displayed and the Cathedral Jubilee Choir, under the direction of Mr. Ray O'Donnell, was in particularly good voice. Also participating in the liturgy were three young deacons who will be ordained as priests for the Diocese of Galway over the coming months – John O'Halloran from Kilannin, Michael King from Renmore and Daniel Gallagher from Bohermore.

Speaking afterwards, Fr. Martin Whelan, who works in the Cathedral, said “the Jubilee Mass was a deeply moving experience and we are delighted that so many people joined us for this very special celebration. We deeply appreciate the goodwill and the generosity of spirit shown by so many people in recent days that made the event such a fitting commemoration of this fine building”.

On Saturday, 15 August Cardinal O'Malley offered Mass in the Crypt Chapel for Bishop Michael Brown who is buried there. Bishop Brown was the prime instigator, organizer and motivator of the Cathedral project. During Mass the Cardinal reflected on the energy, enthusiasm, passion and vision of Bishop Brown who “did all things well”. The building, he said, is “a fitting testimony to his undoubted abilities”. Cardinal O'Malley also spoke of Galway City as being the

“jewel of the Wild Atlantic Way’ and the Cathedral as ‘the jewel of Galway City”.

The Jubilee celebrations will continue in the months ahead. The Classical performers ‘The Priests’ sang a two-hour repertoire on Sunday evening, 16 August, to a large audience. Many more events are planned. In his closing words on Friday evening, the Parish Priest of the Cathedral parish, Canon Peter Rabbitte, made a particular point of encouraging the people of Galway and beyond to come in and explore the Cathedral, their Cathedral, to experience its magnificence, its artistry, and most of all, to experience its capacity to accept, to soothe and to heal.

Derry organ recital

A lunchtime organ recital will take place in St Columb's Cathedral on Thursday 20 August beginning at 1.10 pm. It will last for approx. 30 - 40 minutes.

The recital will be given by Nathan Barrett, a graduate in music from The Ulster University in 2014, who is continuing his studies in Performance in Trinity College, Dublin.

Nathan is Acting Musical Director in St Paul's Church, Glenageary, Co Dublin. Nathan's father is The Dean of Raphoe, Dean Arthur Barrett.

The Dean of Derry, Dr William Morton, extends a warm invitation to all who would like to come along on Thursday. Admission is free with a retiring collection for the Cathedral.

Another milestone in life and witness of Belfast's Dock Cafe

Dock chaplain in Belfast's Titanic Quarter, Chris Bennett, writes about another little milestone in the life of the Dock – they've filled a complete visitor's book in Dock Café.

“When Joe commissioned some lovely leather-bound visitors books for the cafe when we had just opened back in 2012, it seemed impossible that we would ever run out of space. Hundreds of pages, eight entries per page... there would never be that many customers through our doors, would there?

“(This was back in the days when the amount of customers in an entire day might be less than we now have waiting outside when we open the door in the morning!)



“But looking through the completed book now – it does the heart good to see the multinational, multicultural multiplicity of people who have signed their name and home and comment on every page of the book. From the very first entries in 2012 to the last comments filling up the (now rather frayed) final page, page after page after page tells a story: of visitors finding a welcome, wanderers finding a home, individuals finding friendship, busy people finding peace, stressed people finding space, sorrowful people finding a smile, sceptical people finding faith (or sometimes just some experience of God, or grace, or something divine that they can’t quite put their finger on...)

“[Click here](#) if you want to see just a very small sample of some of the messages (and if you want to see, yet again, what an incredible difference the smiles of the Dock volunteers make to those who come in through the doors)

“Or better yet, call in soon and leaf through the book yourself – we’ll leave the old completed book alongside the nice empty fresh one for a while. And if your name isn’t in those pages somewhere, maybe it’s time to add a comment and join the Dock story yourself...”

Orange Order reaches out to local community

A report that sought the views of its own membership, as well as those of the wider community, has been published by Co Fermanagh Grand Orange Lodge. The document contains the findings of a community audit completed in 2014. It was commissioned by the Order with the intention of increasing understanding and good relations across the community.

Officers from Co Fermanagh Grand Lodge have presented copies of the Report to the Secretary

of State Theresa Villiers and to Mr Charlie Flanagan, Minister for Foreign Affairs and Trade in Ireland. They have also presented copies to political, civic and church leaders from right across the community.

The Secretary of State said ‘I very much welcome the publication of the County Fermanagh Grand Orange Lodge’s Audit, Good Relations Strategy and Action Plan. This progressive initiative will help stimulate discussion on the role that the organisation can play as part of wider society in Northern Ireland and help provide a greater understanding of the Orange Institutions ethos and tradition both locally and internationally. It will also help create the circumstances, which allow its membership to take steps to address the many challenging viewpoints of the Order that are borne out in the audit findings. All of this will help develop better relationships and understanding between different parts of the community in County Fermanagh.’

Minister Charlie Flanagan said, “I was pleased to meet with the County Fermanagh Grand Orange Lodge and to receive from them a copy of this Audit, Good Relations Strategy and Action Plan and I welcome its publication. It is a very positive step forward and I want to commend and



Mr Charlie Flanagan TD, Minister for Foreign Affairs and Trade (L to R: Rev Mark Watson, Stuart Brooker, Minister Charlie Flanagan TD, Tom Elliott MP, Robert Dane)

congratulate all involved in Fermanagh for leading by example and working to build greater trust and respect across all strands of the community.”

A community audit is a way for any organisation to find out how its own membership and the wider community experience and perceive it. This new publication reports the results from what is the first ever community audit, consultation and good relations action plan for

any County Grand Lodge to have been completed.

More than 600 members of the Loyal Order in the Lakeland county and a representation of people from across the community; including the voluntary, statutory and public sectors took part in the extensive information-gathering exercise. It took a year to complete and was supported by Fermanagh District Council and delivered by Green Hat, a locally based consultancy.

Participants have expressed opinions on a range of topics including parading, the use of Orange halls, flags and community education.

County Grand Master of County Fermanagh Grand Orange Lodge, Stuart Brooker, maintained the project would form a basis for the Institution's continuing outreach with the wider community.

He said, "This is a ground-breaking report and one which challenges many assumptions, views and perceptions about the Orange Order from both the wider public as well as the members. We hope it will be of great interest not only to those who hold the institution dear to their hearts but also to people who are suspicious – even hostile – to the Orange Order".

Stuart Brooker continued, “It is clear from the research that the consensus is that the Orange Order have a major role in play in further developing good relations across the county, and we have set out how we plan to deliver this. We want to continue to play an active role in our local communities and raise awareness of our community work. This report has enabled us to have constructive conversations and we are pleased to present and discuss its findings. We want to joyfully celebrate our culture as well as be good neighbours”.

Fermanagh and Omagh District Council’s Good Relations Officer, Tommy McLaughlin, explained: “The council has been undertaking good relations activities for many years and this project essentially looked at how the Orange Order in Fermanagh engages with the local community”.

Green Hat’s Director, Bryony May, said: “This was both a sensitive and high profile project, and we recognise the leadership that County Fermanagh Grand Orange Lodge have shown in undertaking this work. Green Hat brought an outsider perspective to the project and it was a bold move by the County Grand Lodge to work with us on this.

The report is designed to be a positive contribution to good relations in Fermanagh. It is available to read online via the publications section of the Grand Orange Lodge of Ireland website at www.grandorangelodge.co.uk

County Fermanagh Grand Orange Lodge is grateful to Fermanagh District Council and Green Hat for making this piece of work possible, the first of its kind ever undertaken. It also gratefully acknowledges funding from the Community Relations Council that made the design and printing of the report possible.

See -

<http://journeyinselfbelief.org/resources/item/32-orange-order-reaches-out-to-local-community>

Out today - Restoring Trust Between Faith and Culture – Greg Fromholz's new book

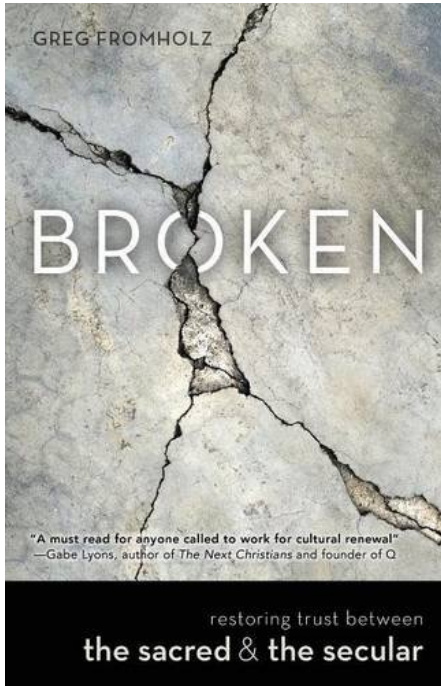
Where has the trust gone and how can it be restored is the not insignificant question Greg Fromholz tackles in his latest book. *Broken: Restoring Trust Between the Sacred & the Secular* is published this week by Abingdon



Press and focuses on the rift caused by the growing disconnect between the instructions of Jesus and the actions of his followers.

Lynn Glanville writes - “Through attitudes that appear exclusive and judgmental, believers no longer embrace culture but separate from it. Some are quick to blame the church and God. But the truth is Jesus didn’t fail. We did. We lost each other’s trust,” Greg says.

Greg, who is an acclaimed video director, speaker and author, is also the coordinator of Dublin and Glendalough’s Ministry to Young Adults based in Christ Church Cathedral, Dublin.



In *Broken* he issues a bold call to mend the shattered relationship between the sacred and the secular, to not just repair but fully restore the trust that has been lost. Harnessing the power of stories from the Bible, history, culture, and his own experiences, Greg explores where it all went wrong and how to reconnect.

The book is the fruit of two years' labour. Greg has sat in coffee shops, walked in Glendalough, loitered in St Stephen's Green, wrestling with what he feels is one of the biggest issues today

– the loss of trust between faith and culture. He did a TedX talk on the subject last year.

“It’s about the disconnect that’s been caused by the way we’re living our faith and the damage that has been done by the inconsistency of our love,” he explains. “Those outside the church are saying ‘Whatever’. I’m saying that I’ve failed to represent God correctly and asking how do we reestablish the trust between ourselves and God... The book breaks down the different ways of reestablishing trust between the sacred and the secular through forgiveness and collaboration.”

Greg adds that the sacred is found in the secular – God is not limited to a church building. “The way I lived my faith and did my ministry changed when I realized that I wasn’t bringing Jesus to people but was participating in what God was already doing when I arrived,” he says.

Broken: Restoring Trust Between the Sacred & the Secular has been widely endorsed with praise coming from well known Christian authors and activists around the world including Gabe Lyons, Shane Claiborne, Phyllis Tickle, Pete Greig and Martin Smith.

Archbishop Michael Jackson has endorsed the book saying: “His skill as a communicator shines through in the written word, which at times is as close to poetry as it is to prose. He is clear that communication is service of the Word of God. A number of compelling themes for our time cause us to stop, pray, and think afresh, for example: compassion precedes justice, and collaboration is the catalyst for change. This book is perspective-changing. Please read it”.

The late Revd Jack Heaslip stated: “In Broken, Greg Fromholz focuses on the essential but scary ingredient of peace building: TRUST. Trust is the real peacemaker’s challenge that won’t be satisfied with a placard or bumper sticker. He chooses the most untrusting of opponents—the Sacred and the Secular—opting not just to talk of ‘building trust’ or ‘maintaining trust’ but to confront the enormous problem of ‘restoring trust’ when trust has been lost”.

Greg Fromholz is a video director, speaker and author of *Liberate Eden*, a groundbreaking interactive iPad book app.

He has contributed to a prayer book alongside Bishop Desmond Tutu and is featured in numerous leadership resources. He, along with the Revd Rob Jones, is a co-founder of Rubicon, a faith and culture think tank and co-

hosts, with the Revd Alan Breen and Scott Evans, the very popular podcast *The Graveyard Shift*.

Broken is available now on Amazon and will be in all good bookshops from today, August 18.

Buy local, ask questions - C of E National Rural Officer

"It takes roughly 10 litres of milk to make 1 kilogramme of hard cheese such as cheddar, so it is important that we try and buy as much cheese, yoghurt and butter that is produced in the UK from British milk. Roughly half the milk produced in the UK is used to make dairy products. You can identify UK sourced products by the Red Tractor Logo on many packets, if not look out for the union Jack, and if you have time read the small print on the packaging.

When buying liquid milk Tesco, Sainsbury's, Waitrose, Marks & Spencer's and The Co-operative all source directly from dairy farmers and have a cost plus pricing model, which means the farmer receives more for the milk than it cost to produce. In recent days, Morrisons has introduced a new product where the consumer pays 10p extra for the milk, which will then be

paid directly back to the farmer. This is an interesting development as it seems to absolve the supermarket from its responsibility to pay a fair price and puts the onus on the public to shop responsibly and pay more. Asda, Aldi and Lidl have also recently raised the price they pay for milk, but still a few pence short of the cost of production. Others at the time of writing, are yet to make any announcements. And sadly, having milk delivered is no guarantee that the price paid to the farmer is a good one.

If you are able to buy milk directly from a local farm or via a farm shop or local shop then do so. If like the vast majority of the population you buy your milk from the supermarket, find out how much they are paying the farmer before you choose where to buy."

Read the full blog by Dr Jill Hopkinson (<http://cofecomms.tumblr.com/post/126893851792/buy-british-support-the-dairy-industry-says>)

Media digest

Mail/Exp/Tel/BBC/Ind/Huff Post

Reports reviewing Sunday's BBC *Songs of Praise* programme from the Calais migrant camp and featuring the church built from plastic bags.

Giles Fraser in the *Guardian* is positive about the programme while other papers report a range of opinions from viewers fury to praise for inspirational programme.

http://www.dailymail.co.uk/news/article-3200315/Songs-Praise-Calais-migrant-camp-NO-songs-DAMIAN-THOMPSON-BBC-stunt-gone-wrong.html?ITO=1490&ns_mchannel=rss&ns_campaign=1490

http://www.huffingtonpost.co.uk/2015/08/16/songs-of-praise_n_7995338.html?utm_hp_ref=uk&ir=UK

<http://www.express.co.uk/news/uk/598785/Migrant-smugglers-find-route-avoid-crackdown>
<http://www.telegraph.co.uk/culture/tvandradio/tv-and-radio-reviews/11806504/Songs-of-Praise-in-Calais-review.html>

<http://www.theguardian.com/world/2015/aug/16/songs-of-praise-calais-migrants-common-link-christianity>

<http://www.bbc.com/news/uk-33953555>

<http://www.express.co.uk/news/uk/598761/BBC-Songs-of-Praise-Calais-fury-from-viewers>

<http://www.independent.co.uk/arts-entertainment/tv/news/songs-of-praise-episode-filmed-in-calais-migrant-camp-described-as-inspirational-and-humane-by-viewers-10458142.html>

http://www.dailymail.co.uk/news/article-3200091/I-try-Britain-night-train-BBC-s-Songs-Praise-special-Calais-jungle-features-migrants-woe-doesn-t-include-hymns-makeshift-church.html?ITO=1490&ns_mchannel=rss&ns_campaign=1490

<http://www.independent.co.uk/news/media/opinion/the-media-column-freedom-of-speech-is-the-name-everyone-gives-to-their-mistakes--especially-media-groups-10458150.html>

BBC

Report that a Cornish village which has been without a post office since January is to have a new one based in its church. It says the new service will operate in St Paternus Church from 10 September as part of a village community shop which opened in July.

<http://www.bbc.com/news/uk-england-cornwall-33951644>

Mail

Articles critical about how South West Trains suspended their cheap summer promotion offer for VJ day on Saturday, forcing veterans to travelling to London to attend a service at St Martin in the Fields, to pay full price fares.

<http://www.dailymail.co.uk/news/article-3200296/Shame-VJ-day-rail-chiefs-Fares-cynically-ramped-day-cash-old-heroes-travelling-capital.html#ixzz3j2xKhWdH>

Ind

Opinion article critical of the House of Lords which mentions the seats Church of England bishops hold.

<http://www.independent.co.uk/voices/comment/we-should-be-ashamed-of-our-house-of-lords-10458321.html>

Obituary

Guardian Obituary on John Hull a religious education writer, editor and researcher, who became blind in 1980. It states he initiated the project 'Cathedrals Through Touch and Hearing', enabling providing blind visitors to appreciate architecture in cathedrals.

<http://www.theguardian.com/education/2015/aug/16/john-hull>